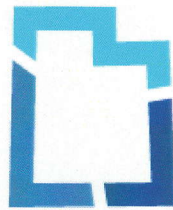


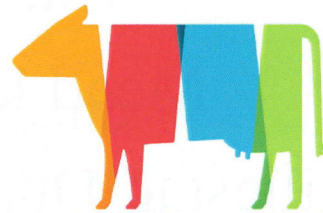
# Utah Academy of Nutrition and Dietetics

2019 Annual Conference and Exposition  
April 4~5, 2019



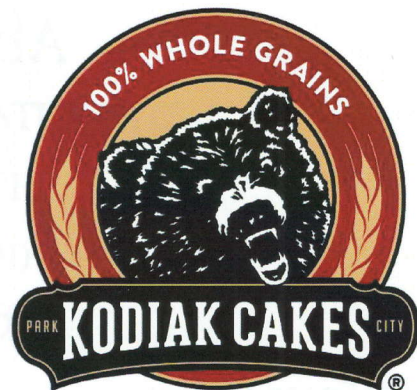
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# Exhibits

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**Utah Academy of Nutrition and Dietetics**  
**2019 SCHOLARSHIPS AND AWARDS**

**AWARD OF MERIT**

Robin Aufdenkampe, MS, MHA, RDN, FAND

**EMERGING DIETETIC LEADER**

Suzanne Lewis, MS, RDN, CDE

**RECOGNIZED YOUNG DIETITIAN OF THE YEAR**

Rebecca Clyde MS, RDN, CD

**AWARD OF RECOGNITION**

Jennifer Turley, PhD

**OUTSTANDING DIETETICS STUDENTS**

Sharee Thompson (CP)

Mandy Mathews (DI)

Megan Jensen (DPD)

**SCHOLARSHIP RECIPIENTS**

Kennedy Springer

Fernanda Mejia

Jessica Smith Gough

Melinda Morco



## UAND Annual Conference Agenda: Thursday, April 4, 2019

TIME	CPE	ACTIVITY	LOCATION
7:15-8:00	-	<b>Morning Social, Breakfast, and Registration</b>	Varsity
8:00-8:10	-	<b>Welcome &amp; Announcements</b>	Varsity
8:10-9:10	1	<b>General Session</b> Anna Long <i>Mindfulness: A Way of Life, One Dietitian's Struggle Through Cancer and Depression</i>	Varsity
9:15-10:15	1	<b>General Session</b> Mark Rifkin <i>Plant-Based Diet for Omnivores</i>	Varsity
10:15-11:30	1	<b>Exhibits</b>	North Hallway 6 <sup>th</sup> Floor
11:30-12:30	1	<b>Break-Out Sessions</b> <ol style="list-style-type: none"> <li>1. Mateja Savoie Roskos <i>Motivational Interviewing: Beyond Basic Skills</i></li> <li>2. Maryanne Palmer &amp; Barbara Sherwood <i>Developing Diabetes Education in Acute Care Setting</i></li> <li>3. Wendy Phillips <i>Does the Braden Scale Score Predict Nutrition Intervention Impact on Wound Healing?</i></li> <li>4. Rebecca Clyde &amp; Joy Musselman <i>Effective Communication and Networking Seminar</i></li> </ol>	Crocker  Gallery  Varsity  Conf Room B
12:30-1:50	-	<b>1. Lunch</b>  <b>2. General Board Meeting begins at 1:00</b>  <b>3. Exhibits</b>	Varsity  Varsity  North Hallway 6 <sup>th</sup> Floor
1:50-2:50	1	<b>Break-Out Sessions</b> <ol style="list-style-type: none"> <li>1. Tracy Mann <i>Insurance Credentialing and Billing</i></li> <li>2. Anna Arthur <i>Evidence-Based Guidelines for the Nutritional Management of Adult Oncology Patients</i></li> <li>3. Advocacy Pillar <i>Licensure Town Hall Meeting</i></li> </ol>	Conf Room B  Gallery  Crocker
3:00-4:00	1	<b>General Session</b> Dr. Joanne Slavin <i>Gut Health and the Microbiota: The New Frontier</i>	Varsity
4:00-4:15	-	<b>Announcements</b>	Varsity

## UAND Annual Conference Agenda: Friday, April 5, 2019

TIME	CPE	ACTIVITY	LOCATION
7:15-8:00	-	<b>Morning Social, Breakfast, and Registration</b>	Scholarship
8:00-8:15	-	<b>Welcome &amp; Announcements</b>	Scholarship
8:15-9:25	1	<b>General Session</b> Dr. Mike Roussell <i>Optimal Protein Strategies for Weight Management and Body Composition</i>	Scholarship
9:30-10:30	1	<b>General Session</b> Representative Lee Perry and Candace Daly <i>Effectively Engaging with Elected Officials</i>	Scholarship
10:30-11:30	1	<b>Poster Session</b>	4 <sup>th</sup> Floor
11:30-12:30	1	<b>Break-Out Sessions</b> <ol style="list-style-type: none"> <li>1. Sarah Bellini <i>Which Pediatric Malnutrition Screening Tool Do I Use?</i></li> <li>2. Sue Linja <i>Swallowing Difficulties and Modified Diets: Taking the Fear Out of IDDSI</i></li> <li>3. Karla Williams &amp; Emily Patten <i>The Work and Family Interface for Registered Dietitians in America</i></li> <li>4. Karlee Adams <i>The Weigh to Health: Diabetes Prevention Program</i></li> </ol>	Conf Room B  Gallery  Scholarship  Crocker
12:30-2:00	-	<b>Awards Luncheon (Lunch Served)</b>	Scholarship
2:00-3:00	1	<b>Break-Out Sessions</b> <ol style="list-style-type: none"> <li>1. Tara Finnerty <i>Emerging Applications of Nutritional Ketosis</i></li> <li>2. Miki Eberhardt <i>Worksite Wellness: A Dietitian's Role in Corporate America</i></li> <li>3. Rebecca Clyde <i>Considerations for Your Single Clients</i></li> </ol>	Conf Room B  Crocker  Gallery
3:00-3:30	-	<b>Posters</b>	4 <sup>th</sup> Floor
3:30-4:30	1	<b>General Session</b> Tamar Lobell <i>Connect, Collaborate, Communicate: Stronger Together</i>	Scholarship
4:30-4:45	-	<b>Closing Remarks; Conference adjourns for the year</b>	Scholarship

**Thank you** for your support of the Utah Academy of Nutrition and Dietetics Annual Conference and Exposition. We hope you enjoy your time with us!



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Are you looking for an easy, convenient way to connect with other dietitians, dietetic technicians, and dietetic students in Utah? Consider joining our Facebook group entitled "Dietitians in Utah" to ask questions of your colleagues, inquire about resources, and spread the word about upcoming events or job openings. This is a closed group just for us to learn from each other's professional backgrounds and experiences.

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Please let us know your thoughts about the conference by filling out an evaluation:

April 4: <https://form.jotform.com/90866640010148>

April 5: <https://form.jotform.com/90865902248161>



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